



Simplify Your Life Stop Junk Mail For Good



Catalog Choice's mission is to stop junk mail for good. For the past 8 years, Catalog Choice has been passionate about helping protect natural resources and helping you simplify your life.



Use this free service to cancel specific catalogs and other types of paper mail you no longer wish to receive.

Catalog Choice sends merchants your catalog opt-out request on your behalf, but please note that we have no control over how and when merchants will process your opt-out request. We're constantly trying to work with merchants to encourage

them to comply with your opt-out requests.

Please note that signing up for this service will not stop all of your incoming paper junk mail in one fell swoop, as Catalog Choice does not have the capacity to stop mail

from your local USPS or from prospecting lists. Catalog Choice recommends that our users sign up for DMA choice in tandem with our service to take your name off of these prospecting lists, because many catalog merchants share lists of personal information with other merchants.

Catalog Choice is a non-profit organization unaffiliated with the mail marketing industry. Catalog Choice does not mail out merchant catalogs or other paper mail, and does not assist with product orders of any kind. Contact the appropriate merchant directly for product-related inquiries.



Catalog Choice is a 501(c)(3) non-profit organization, managed by The Story of Stuff Project, with EIN #46-4334785. Any donations to Catalog Choice/The Story of Stuff Project are fully tax-deductible in the U.S.A.

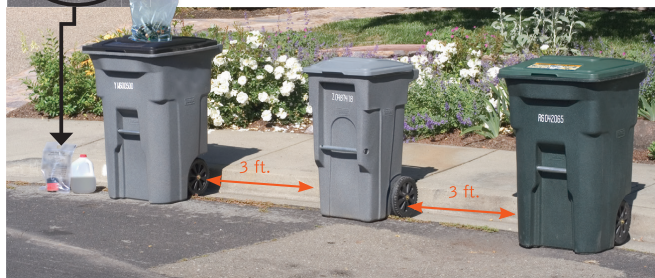
Visit www.catalogchoice.org and stop your junk mail for good!

Source: www.catalogchoice.org

We Want Our Service to Be The Best and You Can Help



Please place your carts at the curb edge with at least 3 feet of clearance from other objects, including other carts, basketball hoops and motor vehicles.



What Do I Put Into the Organics Cart?

The reason Organics Carts are so important is that using them helps divert materials away from our landfills which is better for the environment. Here is a list to help you use your cart efficiently. Thank you for helping us provide you with the best possible service.

Organics Acceptable List

- Grass and weed clippings
- Shrubs and tree prunings (less than 4" in diameter)
- Leaves, plants and flowers
- Food scraps and food soiled paper products

Non-acceptable Organics List

- No household garbage
- **No plastic bags**
- No dirt or rocks
- No overloading - lid must be closed

Amador Valley Industries

Mailing Address P.O. Box 12617 Pleasanton, CA 94588 - Corporate Address 6175 Southfront Road, Livermore, CA 94551
Phone 925-479-9545 Fax 925-454-0782

Household Hazardous Waste Service Change

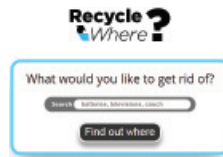
As of March 25, 2019 Household Hazardous Waste (HHW) facilities can no longer accept **Prescription Medication** at the Oakland, Livermore, and Hayward drop-off facilities. Prescription Medication is accepted at over 70 drug stores, hospitals, and law enforcement sites throughout the county, for more information visit www.stopwaste.org.

Medicine and Prescription Medications

Disposal Options:

Medicines should never be flushed down the toilet or placed in the trash.

- Dispose of your unneeded drugs at local pharmacies, hospitals, and law enforcement sites, see the list below for details.
- Go to stopwaste.org and search Recycle Where? for other locations.



Special Instructions:

- Pills should be poured out into Ziploc bags (it protects your privacy and lowers disposal costs). All of your pills may be mixed together in one bag.
- Needles and other sharps must be packaged in approved sharps containers made with puncture and leak-resistant plastic.
- Liquids and creams: leave in their original container and secure caps/lids. Black out any personally identifying information and place in a Ziploc bag.

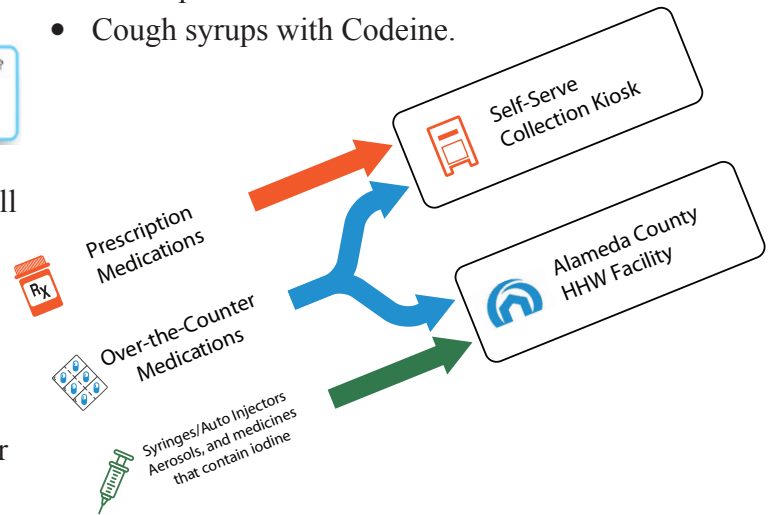


Controlled Substances:

Prescription controlled substances are drugs that have a high potential for abuse and may lead to physical or psychological dependence. Due to legal restrictions the Alameda County HHW facilities and many other drop off locations **CANNOT ACCEPT CONTROLLED SUBSTANCES**. Check the table below for locations that accept controlled substances.

Controlled Substances Include:

- Narcotic pain medications such as Vicodin, Oxycontin, and Codeine.
- Sleeping pills such as Valium, Lunesta, and Ambien.
- ADD/ADHS drugs such as Concerta, and Adderall.
- Antidepressants such as Zoloft.
- Cough syrups with Codeine.



Self-Serve Kiosks for Prescription Medication Drop-Off

Locations that Accept Controlled and Non-Controlled Medicine

<i>NAME</i>	<i>CITY</i>	<i>ADDRESS</i>	<i>SHARPS ACCEPTED</i>
<i>CVS Pharmacy</i>	<i>Pleasanton</i>	<i>3010 Bernal Ave.</i>	<i>Yes</i>
<i>CVS Pharmacy</i>	<i>Pleasanton</i>	<i>6750 Bernal Ave.</i>	<i>Yes</i>
<i>CVS Pharmacy</i>	<i>Pleasanton</i>	<i>3999 Santa Rita Rd.</i>	<i>No</i>
<i>Kaiser Pharmacy</i>	<i>Pleasanton</i>	<i>7601 Stoneridge Dr.</i>	<i>Yes</i>
<i>Pleasanton Police Department</i>	<i>Pleasanton</i>	<i>4833 Bernal Ave.</i>	<i>No</i>
<i>CVS Pharmacy</i>	<i>Dublin</i>	<i>7201 Regional St.</i>	<i>Yes</i>
<i>Dublin Police Department</i>	<i>Dublin</i>	<i>100 Civic Plaza</i>	<i>No</i>
<i>CVS Pharmacy</i>	<i>Livermore</i>	<i>1500 1st St.</i>	<i>Yes</i>
<i>CVS Pharmacy</i>	<i>Livermore</i>	<i>4405 1st Street</i>	<i>Yes</i>
<i>Kaiser Pharmacy</i>	<i>Livermore</i>	<i>3000 Las Positas Rd.</i>	<i>Yes</i>
<i>CVS Pharmacy</i>	<i>Castro Valley</i>	<i>3667 Castro Valley Blvd.</i>	<i>Yes</i>

Source: more information can be found at Stopwaste.org.

In the spirit of conservation we are providing our newsletter online, but please feel free to print it out.